Wellington Centre Championship 10 km Road Race
Trentham
17 August 2013

Race No	Name	Club	Time	lap 1		lap 2		lap 3		lap 4		lap 5		lap 6		lap 7		lap 8		Avg per
Woman				**Elapse**	**Split**	**Elapse**	**Split**	**Elapse**	**Split**	**Elapse**	**Split**	**Elapse**	**Split**	**Elapse**	**Split**	**Elapse**	**Split**	**Elapse**	**Split**	**km**
1	Terri Grimmett	Scottish	**1:02:44**	07:34	07:34	15:12	07:38	22:59	07:47	30:47	07:48	38:45	07:58	46:46	08:01	54:50	08:04	**1:02:44**	07:54	*06:16*
6	Jacqueline Wilson	Trentham	**1:06:17**	08:11	08:11	16:32	08:21	24:53	08:21	33:14	08:21	41:31	08:17	49:48	08:17	58:03	08:15	**1:06:17**	08:14	*06:38*
10	Barbara Morrison	Scottish	**1:09:36**	08:20	08:20	16:58	08:38	25:47	08:49	34:28	08:41	43:17	08:49	52:08	08:51	1:00:52	08:44	**1:09:36**	08:44	*06:58*
5	DaphnesJones	Scottish	**1:14:35**	08:54	08:54	18:02	09:08	27:10	09:08	36:39	09:29	46:05	09:26	55:23	09:18	1:04:44	09:21	**1:14:35**	09:51	*07:28*
Men																				
7	Peter Baillie	Scottish	**59:37**	07:09	07:09	14:24	07:15	21:40	07:16	28:56	07:16	36:17	07:21	43:50	07:33	51:34	07:44	**59:37**	08:03	*05:58*
8	Fraser Samson	WHAC	**1:02:37**	07:57	07:57	15:53	07:56	23:48	07:55	31:43	07:55	39:34	07:51	47:46	08:12	55:15	07:29	**1:02:37**	07:22	*06:16*
2	Sean Lake	Scottish	**1:03:02**	07:56	07:56	15:53	07:57	23:43	07:50	31:33	07:50	39:23	07:50	47:44	08:21	55:16	07:32	**1:03:02**	07:46	*06:18*
3	John Leonard	Scottish	**1:05:08**	07:33	07:33	15:18	07:45	23:13	07:55	31:14	08:01	39:31	08:17	48:05	08:34	56:35	08:30	**1:05:08**	08:33	*06:31*
9	David Cooke	Scottish	**1:10:27**	08:46	08:46	17:40	08:54	26:14	08:34	34:59	08:45	44:14	09:15	53:04	08:50	1:01:43	08:39	**1:10:27**	08:44	*07:03*
Non-Championship 10km																				
21	Val Buddle	Trentham	**1:13:09**	08:59	08:59	18:03	09:04	27:07	09:04	36:23	09:16	45:28	09:05	54:51	09:23	1:03:50	08:59	**1:13:09**	09:19	*07:19*
19	Arlene Wong-Tung	Scottish	**1:13:56**	09:13	09:13	18:25	09:12	27:39	09:14	36:54	09:15	46:06	09:12	55:25	09:19	1:04:41	09:16	**1:13:56**	09:15	*07:24*
14	Robyn Iremonger	Scottish	**1:30:48**	10:54	10:54	21:49	10:55	32:58	11:09	44:18	11:20	55:39	11:21	1:07:14	11:35	1:19:15	12:01	**1:30:48**	11:33	*09:05*
Non-Championship 5km																				
23	Andrea Adams	Olympic	**39:29**	09:34	09:34	19:29	09:55	29:28	09:59	39:29	10:01									*07:54*
24	Murray Gowans	Scottish	**41:06**	10:08	10:08	20:27	10:19	30:48	10:21	41:06	10:18									*08:13*