

# McKays Crossing 21-Jul-13

## 10 km Race

Race No.	Name	Club	Time	lap 1		lap 2		lap 3		lap 4		lap 5		lap 6		lap 7		lap 8		Avg min/km
				Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	
<b>'A' Division</b>																				
2	Peter Baillie	Scottish	<b>0:57:59</b>	07:12	07:12	14:31	07:19	21:48	07:17	29:02	07:14	36:19	07:17	43:45	07:26	50:51	07:06	57:59	07:08	05:48
7	Terri Grimmett	Scottish	<b>1:01:42</b>	07:33	07:33	15:13	07:40	23:01	07:48	30:36	07:35	38:22	07:46	46:14	07:52	53:59	07:45	1:01:42	07:43	06:10
41	John Leonard	Scottish	<b>1:03:06</b>	07:31	07:31	15:12	07:41	23:01	07:49	31:02	08:01	39:03	08:01	47:05	08:02	55:09	08:04	1:03:06	07:57	06:19
1	Sean Lake	Scottish	<b>1:04:09</b>	08:06	08:06	16:12	08:06	24:16	08:04	32:12	07:56	40:17	08:05	48:18	08:01	56:20	08:02	1:04:09	07:49	06:25
5	Jackie Wilson	Trentham	<b>1:07:02</b>	07:59	07:59	16:15	08:16	24:40	08:25	32:55	08:15	41:38	08:43	50:13	08:35	58:44	08:31	1:07:02	08:18	06:42
9	Barbara Morrison	Scottish	<b>1:08:47</b>	08:15	08:15	17:04	08:49	25:50	08:46	34:32	08:42	43:08	08:36	51:48	08:40	1:00:21	08:33	1:08:47	08:26	06:53
11	David Cooke	Scottish	<b>1:11:29</b>	08:53	08:53	17:27	08:34	26:46	09:19	35:37	08:51	46:11	10:34	54:04	07:53	1:02:48	08:44	1:11:29	08:41	07:09
3	Daphne Jones	Scottish	<b>1:14:04</b>	09:10	09:10	18:27	09:17	27:43	09:16	36:58	09:15	46:15	09:17	55:31	09:16	1:04:57	09:26	1:14:04	09:07	07:24
37	Dougal Cable	Kapiti joggers	<b>1:12:23</b>	08:29	08:29	16:54	08:25	25:43	08:49	35:24	09:41	45:02	09:38	0:53:32	08:30	1:02:51	09:19	1:12:23	09:32	07:14 DQ'd

<b>'B' Division</b>																				
33	Ian Morton	Scottish	<b>1:05:29</b>	07:48	07:48	15:53	08:05	24:00	08:07	32:06	08:06	40:25	08:19	48:52	08:27	0:57:16	08:24	1:05:29	08:13	06:33
23	David Fisher	Scottish	<b>1:10:51</b>	08:27	08:27	17:00	08:33	25:38	08:38	34:18	08:40	43:15	08:57	0:52:29	09:14	1:01:43	09:14	1:10:51	09:08	07:05
39	Arlene Wong-Tung	Scottish	<b>1:14:06</b>	09:19	09:19	18:28	09:09	27:44	09:16	36:59	09:15	46:15	09:16	55:32	09:17	04:58	09:26	1:14:06	09:08	07:25
38	Mary Hadfield	Kapiti joggers	<b>1:18:35</b>	09:39	09:39	19:14	09:35	29:17	10:03	39:14	09:57	49:22	10:08	0:59:21	09:59	1:08:47	09:26	1:18:35	09:48	07:52
31	Ann Benney	Kapiti joggers	<b>1:21:23</b>	09:34	09:34	19:31	09:57	29:09	09:38	39:11	10:02	49:22	10:11	0:59:58	10:36	1:10:38	10:40	1:21:23	10:45	08:08
25	Paula Binkhorst	Olympic	<b>1:22:31</b>	10:33	10:33	21:08	10:35	31:28	10:20	41:45	10:17	51:57	10:12	1:02:11	10:14	1:12:25	10:14	1:22:31	10:06	08:15

5 km Race				lap 1		lap 2		lap 3		lap 4		Avg
'A' Division				Elapse	Split	Elapse	Split	Elapse	Split	Elapse	Split	min/km
6	Kevin Watson	Scottish	<b>0:32:30</b>	07:54	07:54	16:01	08:07	24:24	08:23	32:30	08:06	06:30
4	Fraser Samson	WHAC	<b>0:32:48</b>	08:07	08:07	16:12	08:05	24:43	08:31	32:48	08:05	06:34
8	Geoff Iremonger	Scottish	<b>0:36:54</b>	09:14	09:14	18:23	09:09	27:33	09:10	36:54	09:21	07:23

<b>'B' Division</b>												
10	Warren Jowett	Trentham	<b>0:00:00</b>	07:45	07:45	15:37	07:52	23:53	08:16	32:05	08:12	06:25
29	Melissa Carr	Olympic	<b>0:00:00</b>	08:53	08:53	17:24	08:31	25:50	08:26	34:09	08:19	06:50
19	John Ihaka	Trentham	<b>0:00:00</b>	08:12	08:12	16:56	08:44	26:06	09:10	35:16	09:10	07:03
42	Phillip du Toit	Trentham	<b>0:00:00</b>	08:28	08:28	17:49	09:21	27:17	09:28	36:37	09:20	07:19
24	Andrea Adams	Olympic	<b>0:00:00</b>	09:40	09:40	19:27	09:47	29:19	09:52	38:55	09:36	07:47
45B	Linda Tooley	Rimutaka	<b>0:00:00</b>	09:59	09:59	20:30	10:31	30:10	09:40	40:17	10:07	08:03
21	Murray Gown	Scottish	<b>0:00:00</b>	10:02	10:02	20:05	10:03	30:12	10:07	40:18	10:06	08:04
43	Rachel Kennedy	Scottish	<b>0:00:00</b>	10:32	10:32	21:33	11:01	31:48	10:15	42:02	10:14	08:24
45A	Robyn Iremonger	Scottish	<b>0:00:00</b>	11:10	11:10	21:42	10:32	31:55	10:13	42:05	10:10	08:25
40	Peter Tearle	Scottish	<b>0:00:00</b>	10:44	10:44	21:35	10:51	32:22	10:47	44:16	11:54	08:51