



TRENTHAM UNITED

HARRIERS & WALKERS

Moonshine Relay

Saturday 16th August 2025

Venue/Race HQ: Trentham United Harriers & Walkers Club Rooms, Trentham Memorial Park, Upper Hutt.

Parking: Car Parks for Trentham Memorial Park are available off Barton Road and Brentwood Street.

The races: There are four distinct events, open to both registered competitive and social members of clubs: the **Walker's Turkey Trot**; the **Children's Under 10 Relay**, **Children's Under 14 Relay**, and the **Under 20, Senior and Masters Relay**.

Start Times	Event	Details
11.30am	Walker's Turkey Trot All ages	3.5k course. Walkers estimate their time with the winners being those closest to their estimated time. No watches or phones allowed! Enter on the day.
12.30pm	Children's Under 10 Relay Mixed	3 runners per team, each running the same 900m lap. Teams may consist of all boys, all girls or mixed, teams may also have runners from different clubs.
1.00pm	Children's Under 7 Fun Run Mass start	300 metres "out and back" run from the start/finish.
1.15pm	Children's Under 14 Relay Girls Boys Mixed	4 runners per team, each running the same 2k lap.
2.15pm	Moonshine Relay Junior Women U20 Junior Men U20 Senior Women Senior Men Masters Women 35 Masters Men 35 Masters Women 50 Masters Men 50 Open Masters 60 Mixed	4 runners per team, each running the same 3.5k lap.

ENTRY INFORMATION

- **Walker's Turkey Trot:** register on the day at Race HQ.
- **Team relay entries** must be submitted online by club officials via the online link or spreadsheet supplied by Daryl Bloomfield.
- **Entries close on Thursday 14th August at 11.59pm.** There will be no late entries.
- Clubs must provide each of their teams a race bib with a specific number (e.g. W1, S2).
- **Team Changes:** If there are any team and running order changes after the submission of the team entry online, those alterations must be made on the printed team sheet which will be given out with the timing baton on race day. Amended printed team sheets must be returned to Daryl Bloomfield **by the end of race day** at the start/finish.
- For 'Mixed' teams, gender must be specified on the team information sheet.
- Wellington Clubs will be invoiced for entry fees after the event:
 - o \$5 per walker
 - o No entry fee for the U10 Relay
 - o \$26 per team in the U14 Children's Relay
 - o \$56 per team in the U20 Junior Relay
 - o \$64 per team in the Senior / Masters Relay

BATONS

- Each relay team is allocated a specific baton which must be collected from the tent at Race HQ from one hour before the race start (the baton number will be independent from the bib number).
- Each baton is fitted with a timing chip and must only be used by the team it has been assigned to.
- Batons must be returned at the end of the relay in the bins provided near the start/finish area.

RACE RULES AND OTHER INFORMATION

The relay is organised by the Trentham United Harriers and Walkers Inc. and is held under Athletics New Zealand rules. **All competitors compete at their own risk. Team captains must attend a race briefing at the start/finish area 15 minutes before the start of the race and are responsible for ensuring all team members understand the race rules and procedures.**

(a) RACE HQ: Trentham United Harriers & Walkers Club Room

- Toilets are available in the clubroom and attached to the cricket pavilion. There is space for club tents if required.
- First aid will be provided by Wellington Free Ambulance.
- Prizegiving will be held after each event, with medals awarded to the first team in each grade (excluding senior 'Mixed' grade).

(b) SAFETY

- All roads used for the event are closed to vehicles but are open to the public so competitors must be courteous to other users.
- **Please do not warm up, warm down, or congregate on the relay course once the events have started, or in the car parks. Designated warmup area is the sealed path towards Holdsworth Ave entrance of TMP.**
- Competitors and spectators must follow all instructions from the Race Referees and Race Marshals at all times. Marshals will be posted at turn-arounds and other key points on the course.

(c) AGE GRADES - AGE ON RACE DAY

- Age Grades are based on age on 31st December 2025.
- Master's grades are based on the runner's age on race day.

(d) UNIFORM

Runners must wear club uniform, with the allocated race bib worn clearly on the front of their singlet.

(e) BATON AND CHANGEOVER

- All team members must run with their team's allocated baton in their hand for the duration of their lap, before passing to the next runner within the allocated changeover zone.
- Next lap runners must enter the changeover area via the designated waiting pen and only enter the changeover area once they see their incoming runner.

(f) REPLACEMENT

If a runner cannot complete their lap, they can be replaced by another member of the team. Any replacement must be notified to officials at Race HQ. Any notified replacements will result in a 7 minute penalty, while unnotified replacements will result in team disqualification.

(g) MIXED TEAMS

- Teams for the Under 10 & Under 14 Children's relays in the mixed gender grade must be from the same club.
- Teams for Senior / Masters grades which are from the same club with mixed age grades, should be entered into the age grade of the youngest athlete.

(h) OTHER RULES

- No runner may run more than 1 lap for the same team. If a runner does a 2nd lap for another team at the event, then the result for the team that they do their 1st lap for will not be affected.
- If the team that the runner does their 2nd lap for places in the top 3 of its grade, that team will be disqualified. There is to be no pacing of runners as defined in Athletics NZ Road Relay regulations, and no headphones or earphones worn while competing.

(i) PROTESTS AND APPEALS

World Athletics Competition & Technical Rules - TR8 covers protests and appeals. Any protest must be made to the Race Referees within 30 minutes of the finish of the race. Any appeal must be made to the Race Director.

(j) PENALTIES (added to the runner's time and the team's overall time)

(i) Pacing	2 minutes
(ii) Wearing headphones or earbuds	2 minutes
(iii) Changing baton outside change zone	1 minute
(iv) Notified replacement: see Rule (f)	7 minutes
(v) Unnotified replacement: see Rule (f)	Disqualification
(vi) Inclusion of under or over-aged runners: see Rule (c)	Disqualification

Thank you for supporting this event. We look forward to seeing you all on race day.

Trentham United Harriers & Walkers Committee

Email: trenthamharriers@gmail.com

Course Map

Moonshine Relay Course Map

